

One third of people aged 65 and over fall at least once every year.

Most of these falls are preventable.



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*Learning that shapes  
who you are.*

## Canadian Falls Prevention Curriculum

If you work with older adults in long term care, acute care, home care or in the community, this updated 5-week e-learning course will help you acquire the knowledge and skills needed to apply an evidence-based approach to the prevention of falls and fall-related injuries. Through online, instructor-facilitated learning modules you will:

- study online, four to six hours per week, including engaging in peer discussion forums
- learn how to design, implement and evaluate a falls prevention program

Upon course completion you should be able to:

- define the scope and nature of the problem of falls
- provide fall risk identification and assessment
- provide a selection of prevention interventions reflecting evidence-based strategies
- understand social policy and context
- provide application of a program planning model
- evaluate the effectiveness of a fall prevention program

**Feb. 12 to March 18, 2016**

**Course Fee: \$210 plus \$10.50 GST**

**Instructor: Phillip Groff, PhD**

**Required textbook: *Fall Prevention Programming* by Vicky Scott, PhD, RN, through [www.lulu.com](http://www.lulu.com)**

**Register now!**

**[www.continuingstudies.uvic.ca/health/courses/professionals](http://www.continuingstudies.uvic.ca/health/courses/professionals)**

**For more information call 250-721-8558**



*The CFPC is an evaluated course, developed by a team of experts in fall prevention, adult education and clinical practice under the leadership of Dr. Vicky Scott with funding provided by the Public Health Agency of Canada, Population Health Fund.*