

Seniors' Falls Prevention in Nova Scotia

Atlantic Collaboration on Injury Prevention Conference
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Preventing Fall-Related Injuries

Among Older Nova Scotians



A STRATEGIC FRAMEWORK



Purpose of Strategic Framework

- Get everyone focused
- Establish a collaborative plan for:
 - policy makers and government
 - DHAs, continuing care sector
 - communities
 - professionals
- Maximize collective ability to address seniors falls

http://www.gov.ns.ca/hpp/publications/falls_strategic_framework.pdf

Strategic Framework Goals

1. Leadership, infrastructure, and partnership
2. Awareness and understanding
3. Education
4. Supportive environments
5. Knowledge development and transfer

Provincial Intersectoral Falls Prevention Committee

- Provides overall leadership and strategic advice
- Facilitates collaboration and sharing
- Membership:
 - Provincial NGOs
 - Professional Associations
 - Researchers and Academics
 - Educators
 - Government departments
 - Co-Chaired by government and community
- Meets 3 times per year

District Falls Prevention Network

Purpose:

To provide a forum for the DHAs and IWK acute care facilities to collaborate on the development and implementation of falls prevention policies, tools, resources, data collection, evaluation and initiatives.

Scope:

The focus of the network will be on the acute care/hospital setting.

Preventing Falls Together

- Community based initiative
- 13 regional falls prevention coalitions
- Builds local capacity for programs, policy and advocacy, awareness, and change
- Coordinates efforts at the local level
 - Allows for provincial initiatives to support local needs
- Created the foundation for our success!

www.preventingfallstogether.ca

Canadian Falls Prevention Curriculum

- Major focus of our work
- 25 instructors
- 300 plus trained across many sectors
- Has supported capacity, primarily among professionals
- Initial demand has been met
- Current focus
 - E-learning
 - Embedding in professional training programs

Safer Healthcare NOW!

National Collaborative on Falls Prevention

- Three DHAs
- Alternative Level of Care units
- Promoting collaboration between DHA's while enhancing Patient Safety and Quality of Life

Research Initiative

- Government, DHA, and University
- Focus: effectiveness of processes used in a rural District Health Authority to develop and implement a complex health initiative, namely Seniors Falls Prevention.
- In the third phase of research, analyzing the data gathered from 3 teams taking action on falls.

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